

Panther Pride Canned Food Drive Nov 1-18

Shelle Peterson
Superintendent/Principal

2200 Eureka Way, Redding, CA 96001

A MESSAGE FROM SUPERINTENDENT/PRINCIPAL PETERSON

NOVEMBER IMPORTANT DATES

Nov. 1-18	Canned Food Drive
Nov. 7	Athletic Boosters Meeting
Nov. 11	Veterans Day/No School
Nov. 11	Anything Goes Opening Night
Nov. 11	Tapigami Workshop
Nov. 12	Art & Makers Faire
Nov. 12	Anything Goes Performances
Nov. 12	JSA Conference
Nov. 14	Early Release Day 1:10 pm
Nov. 18	Anything Goes Performance
Nov. 19	Anything Goes Performances
Nov. 20	Dance Team to Sac Kings Game

Nov. 21-25 Thanksgiving Break



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Small School, Big Results

University Preparatory students are receiving an excellent education based on multiple measures. Most recently, the school was recognized by The Washington Post as one of America's Most Challenging High Schools for 2016. U-Prep ranked #41 in California and #315 in the nation! Further, U-Prep is the only school north of Sacramento to have earned this achievement. Congratulations to U-Prep students and staff on their hard work, collaborative efforts, commitment to learning, and for meeting challenges with a growth mindset!

The primary focus for this ranking relates to U-Prep's Advanced Placement exam participation and results. As you may already know, U-Prep's philosophy is to immerse students in the most rigorous learning environment, which is experienced as an inclusive AP setting for U-Prep students. All 9th graders take AP Human Geography, and all 11th and 12th grade students take AP history and English. We view this level of immersion as the most effective means to support students in being able to achieve their dreams, compete for a seat in the college of their choice, and sustain once admitted. College admissions officers are looking at transcripts with an eye towards rigorous courses taken; the most universal language for rigor in their world is AP, the gold standard for what defines authentic college prep work. In an increasingly competitive college-going environment, students who take multiple AP courses and pass their AP exams will be far more likely to get the attention of an admissions officer. That said, should a student opt to not take an AP exam, then at the very least they have experienced a college level learning environment and are more prepared to make informed decisions regarding their future.

As previously stated, U-Prep students are receiving an excellent education based on multiple measures. Please refer to page 2-3 for data on the following college readiness indicators: UC/CSU A-G Admission Eligibility Rate, Graduation Rate, Advanced Placement, PSAT, Smarter Balanced/SBAC, ACT, and SAT results. We are just as proud of the outstanding performances in the visual and performing arts program, math and science programs, world languages program, student leadership and activities programs, and our increasingly competitive athletic programs. We will continue to open new doors for our students, such as on-site dual enrollment options, and new course offerings such as, AP Computer Science Principles. It's a team effort at U-Prep on all levels. Thank you for your continued support!

Kind regards,

Shelle Peterson

Superintendent/Principal

Who We Are - Our Vision

University Preparatory School is a small, grades 6-12, college preparatory school committed to university level preparation in fine arts, literature, languages, history, mathematics, science, and philosophy. Working together, University Preparatory School staff, parents, and community will offer students learning experiences needed to achieve their leadership and academic potential, to become creative thinkers, compassionate human beings, and ethical participants in a multi-cultural, democratic society. Students will be immersed in rigorous academics and meaningful extra-curricular activities and supported by a close-knit community of teacher/advisors, which will enable them to choose any course of post-secondary education.

University Preparatory School College Readiness Indicators

UC/CSU A-G Admissions Eligibility Rate

U-Prep graduates have the highest A-G eligibility rate in the County. U-Prep graduation requirements are aligned to A-G requirements for admissions to UC/CSU.

Class of 2016 = 80%

Class of 2015 = 84%

Class of 2014 = 74%

Class of 2013 = 65%



• Graduation Rate

U-Prep graduates have maintained the highest graduation rate in Shasta County since the first graduating class (2009).

2015-2016: 100%

2014-2015: 100%

2013-2014: 97.9%

2012-2013: 100%

2011-2012: 100%

2010-2011: 100%

2009-2010: 98.8%



Advanced Placement: Participation Rate, Pass Rate (Scores), Immersion and Inclusion for All

College Board research, "...consistently found a positive relationship between AP participation and desirable college outcomes, especially for those students who take the AP Exam and earn a 3 or higher."

Advanced Placement scores from spring of 2016 are as follows with a **total pass rate of 80%** (a score of 3 or better is considered passing):

62% of juniors and seniors took at least one AP exam;

46% of juniors took 3 or more AP exams and 63% of seniors took 3 or more AP exams

29 sophomores took at least one AP exam

46 freshman took one AP exam

PSAT Results, 2015-2016

8th Grade Spring 2016 (98% Participation)

88% Met Expository Reading and Writing (ERW) Benchmark

75% Met Math Benchmark

9th Grade Fall 2015 (100% Participation)

99% Met ERW Benchmark

65% Met Math Benchmark

10th Grade Fall 2015 (87% Participation)

99% Met FRW Benchmark

67% Met Math Benchmark

11th Grade Fall 2015 (66% Participation)

100% Met ERW Benchmark

81% Met Math Benchmark



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University Preparatory School College Readiness Indicators continued

State Assessments (Smarter Balanced/SBAC), Spring 2016

English Language Arts (combined grades 6-8, 11): 77% Met/Exceeded

6th English Language Arts: 74% 7th English Language Arts: 76% 8th English Language Arts: 75% *11th English Language Arts: 84%

*College Readiness Indicator ("EAP"): 84% College Ready

Math (combined grades, 6-8, 11): 68% Met/Exceeded

6th Math: 58% 7th Math: 76% 8th Math: 71% *11th Math: 60%

*College Readiness Indicator ("EAP"): 60% College Ready

ACT Results, 2015-2016

Percent Test 'College Ready':

43 Test Takers

100% English Composition

84% Algebra

84% Social Science

81% Biology

70% Meeting All 4 Areas (State: 37%)

SAT Results, 2015-2016

New SAT March 2016 (22 Test Takers)

100% Met Expository Reading and Writing (ERW) Benchmark

82% Met Math Benchmark

New SAT May 2016 (28)

96% Met ERW Benchmark

82% Met Math Benchmark

New SAT June 2016 (24)

100% Met ERW Benchmark

83% Met Math Benchmark





Lottery & Enrollment Update, 2017-2018

Enrollment applications for 2017-2018 will be available for pick-up in the office or download from uprep.net beginning December 1, 2016.

Lottery Application Deadlines:

First Lottery Applicants (Enrollment applications received December 1, 2016 through January 31, 2017

Second Lottery Applicants (Enrollment applications received February 1, 2017 through February 28, 2017



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College & Career Corner + Counseling News

By Ms. Haworth, Mr. Williams, & Mr. Maikranz



Unity Day — Oct. 19, 2016 #UnityDay2016

Want to unite against bullying? It's easy. Wear orange!
Make it ORANGE—Make it end!

Together Against Bullying — United for Kindness, Acceptance, and Inclusion
PACER's National Bullying Prevention Center®





On Wednesday, October 19th, U-Prep students and staff showed support for Unity Day by wearing orange and creating a paper chain than ran the length of the main hallway. The paper chain signified everyone working together with support, hope, and unity against bullying and united for kindness, acceptance and inclusion.





U-PREP BULLY PREVENTION & CONFLICT MANAGEMENT: http://www.uprep.net/bully buster.html

At University Preparatory School, we are committed to making sure that all students feel respected, comfortable, and listened to. We intend to improve our school by making it as safe and welcoming as possible. We are committed to the well-being of our students and believe that students who make friendships and connections with one another will thrive.

Bully Busters Hot Line (530)510-3515

Students or parents may now call or **text** (530)510-3515 to report a possible bullying situation. When calling or texting the Bully Buster's Hotline, please include the following information:

- names of the involved students;
- date the incident occurred;
- where the incident occurred;
- what happened during the incident; and
- your name (if you would like for a school official to follow up with you)

College & Career Corner + Counseling News



By Ms. Haworth, Mr. Williams, & Mr. Maikranz

THE U-PREP ANNUAL FALL COLLEGE TRIP

On October 20th and 21st, forty U-Prep students had an amazing and eye-opening trip to CSU Chico, UC Davis and UC Berkeley. Students toured each campus, met with faculty and even managed to mingle with U-Prep alumni! Stay tuned for more information about the spring college trip!









S.T.E.M. FIELD TRIP

On Friday, October 28th the freshman class attended the S.T.E.M. Career Field Day at the Shasta District Fairgrounds. Our students were able to meet with STEM professionals from Northern California. Students also participated in a STEM project called "Helping Hands"; they assembled prosthetic hands that will be sent to recipients around the world.





















9th Grade Field Trip to Patrick's Point

In the midst of the storms in October, the freshmen trip to Patrick's Point found the perfect three days to visit. With days in the high 60's and nights in the low 50's it could only be describe as AMAZING! A trip that is normally considered camping was very quickly turned into Glamping this year. We had students lounging on inflatable couches and an amazing dining experience thanks to Mr. and Mrs. Hawes.

As part of the trip, students toured Humboldt State University, where they had the chance to experience what a large college campus looks like, and more importantly what a true college cafeteria is really like! During the campus tours we were even treated to a warning systems test that sounded like it was from the 50's. Once arriving at Patrick's Point the students quickly set up camp and there was a definite buzz in the air about who would dominate the volleyball court in the middle of camp. Needless to say when true volleyball rules were upheld the girls would dominate. There were amazing night hikes where students and staff found themselves walking without their flashlight in a true test of trusting Mr. Lefler to lead them in the right direction. Around the camp fire we would witness incredible student skits which provided satire about both their tour of Humboldt as well as some of their current teachers. Perfect weather allowed for an incredible time down at Agate Beach where students had a chance to challenge the waves, and sadly... the waves won, resulting in several students making the long hike home soaked.

Tired, dirty, but definitely more connected the students returned home and perhaps the statement "Absence makes the heart grow fonder" really is true as most students were quite happy to see mom and dad when they returned. We look forward to what next year's trip will bring.









On October 20th & 25th, the Student of the Quarter award recipients and their families joined us in the Board room to celebrate their accomplishments. Superintendent /Principal Shelle Peterson recognized each student by sharing the reasons they were each selected. Students received an honorary certificate, a special t-shirt and a U-Prep lanyard. Refreshments were enjoyed after the ceremony. Congratulations to all of our First Quarter Student of the Quarter Award recipients and their families!

MIDDLE SCHOOL AWARD RECIPIENTS





Front Row, left to right: Annie C. (8), Merrin M. (6), Adrienne J. (6), Jaxon M. (6), Malena W. (6), Karley T. (7), Gideon N. (8), Brennan M. (7), Danny C. (8), Caden J. (6), Allie S. (8)

Back Row, left to right: Nicholas P. (8), Kyson R. (8), Elle H. (8), Kat P. (8), Haley M. (8), Audrey S. (8), Reina S. (8), Mateo R-C. (6), Olivia P. (8); Not pictured: Quinn H.









Row 1: Adam Nichols (11); Not Pictured: Chris K. (12) & Joy S. (9)

Row 2: left to right: Tyler B. (10), Grayson H. (9), Emily C. (9), Madison T. (12), Logan B. (9)

Row 3: left to right: Veronica M. (10), Ayla C. (10), Bailey B. (12), Mikiya R. (11), Chris H. (10)

Row 4: left to right: Noah H. (12), Talem B. (9), Claire P. (12), Nick S. (11), Levi K. (11)

Panther Pride

AP RETREAT 2017

ADVANCED PLACEMENT (AP) RETREAT SIGN-UPS BEGIN NOVEMBER 3rd

The AP Retreat is already scheduled and we will begin taking reservations and deposits on November 3rd. The AP Retreat is an intense weekend of content specific AP Exam prep combined with study time, group session studying and team-building activities. The foundation of the retreat is a series of AP Exam review sessions led by AP instructors with a focus on one-on-one AP studying and preparation in small groups. Students will choose from a menu of AP review session options. Exam Review sessions will be individualized by course and may include development of course-specific study plans and unit-by-unit content review, practice exams, concept and vocabulary studying and review. One on one study time with each AP teacher in a smaller group setting will be provided.

This year the **AP Retreat** will be at **Lassen Pines in Shingletown** and will be held for grades 10-12 from 10:30 am on **Friday, April 28th through 2:00 pm Sunday, April 30**. The cost of the **Retreat** (except for Freshmen) is **\$100** for the weekend, which includes meals and snacks, housing, t-shirt, any study aids and study sessions.

Freshmen are invited to the **AP Human Geography** study session on **Saturday**, **April 29** from 10am-8:00pm with a **\$30** cost, which includes lunch and dinner, a t-shirt, any study aids and study sessions with Mr. Nichols.

More information on deposits, deadlines and study sessions will be distributed in student classes beginning in November.









ASSOCIATED STUDENT BODY

JASPAL GADDY: JUNIOR HIGH ASB ADVISOR KENT SMITH: HIGH SCHOOL ASB ADVISOR

HOMECOMING WEEK IN REVIEW

Homecoming week, October 10-14th, focused on a Board Game theme with dress up days based around various board games. Monday was Bingo as students dressed as senior citizens, Tuesday was Connect Four and there were many sets of quadruplets as students dressed alike in groups of fours. Wednesday was Cranium Day, bringing out the nerd in all of us, Thursday was Life Day as students dressed up for their future career. We ended the week with Battleship Day where junior high students wore red, underclassmen wore blue and upperclassmen dressed in black. The rally on Friday was a true spirit day as each section of the gym represented U-Prep's school colors.

Homecoming festivities took place throughout the week, beginning with a Buff Puff Game, in which junior and senior boys participated in a highly competitive volleyball game. It truly was a volley of sorts as the teams ended up playing four sets, with the seniors taking the ultimate win. Wednesday night was the famous Powder Puff game where, once again, it was seniors against juniors and the upper class girls battled it out on the football field, with our young men - Powder Puff Cheerleaders - cheering on the teams and performing a halftime show. A true combat as the teams were very closely matched, but the seniors, once again, took the lead and won yet another Homecoming activity. Ending the busy week on Friday, our planned Tailgate Party was taken into the gym and students were served free food and able to play a multitude of games. Senior Royalty was announced between the JV and Varsity football games, with Skyler L. voted as Homecoming Queen and Arjun K. as this year's Homecoming King. The Homecoming Game was played on a very wet football field, but the Varsity Panthers took the win! To end the weeklong fun, the Homecoming dance for high school took place Saturday night in the Stuart Gym. There were close to 350 students at the dance – a record number of attendees for a Homecoming Dance and everyone seemed to have a great night and a great Homecoming Week.





BRAD FOWERS ~ DEPT CHAIR/BAND & CHOIR

ROMNEY CLEMENTS ~ FALL MUSICAL DIRECTOR

ELIZABETH JOHNSON ~ STRINGS & PERCUSSION, SPRING PLAY

MARISSA KINNEAVY ~ DANCE

LURA WILHELM ~ VISUAL ARTS



AP & HONORS ART SHOW AT VINTAGE RESTAURANT

On October 13th, U-Prep AP & Honors Art students showcased their work at Vintage Restaurant in downtown Redding. Their art will be on display until December.









The Makers Faire: November 12th: The first Shasta County Mini Maker Faire will be held on Saturday, November 12, 2016 at the Redding Civic Auditorium in Redding, California. We are excited to bring the Maker Movement and this showcase event to Northern California. This event is free for students but must be accompanied by an adult. U-Prep Art students will be participating in the STEAM Kinetic Art Challenge along with many schools in Shasta County.

Art Show November 17th: Shasta County Office of Education; 1644 Magnolia Ave. Show will be open from 4pm-7pm. Area art teachers and their students will be showcased. Ms. Wilhelm and her Art 1-4 students will be participating in this show.

university preparatory school FALL CARNIVAL

> November 4th, 2016 Hosted by High School Art Club In collaboration with all clubs at U-Prep





U-Prep's fall musical, Anything Goes is a brilliant example of classic musical theatre with epic tap dancing, a madcap book and a wonderfully unexpected and romantic happy ending. The unforgettable Cole Porter score includes "De-Lovely", "I Get a Kick Out of You", "All Through the Night" and, of course, the great title song, "Anything Goes." Set sail aboard the S.S. American-- the singing/dancing ocean liner

overflows with wealth, sailors, a stowaway, gangsters, an evangelist, Wall Street brokers and the most irresistible of showgirls, the brassy, but lovable, Reno Sweeney. Show dates and times are November 11th at 7:00, November 12th at 2:00 and 7:00, November 18th at 7:00, and November 19th at 2:00 and 7:00 and 7:00. Tickets are \$7.00 for students and \$10.00 for adults, and can be purchased at the U-Prep ASB office, at the door and online; https://

UPrep.myschoolcentral.com. Student ticket prices online are available for U-Prep students only.



The Fall Carnival Club Faire is an all school event ran exclusively by the many clubs at University Preparatory School. Each club will host a booth in order to individually fundraise. There will be food, games, face painting and music. This event is open for all ages and costumes are encouraged. Friends and families of a U-Prep student are welcome to attend and participate. There will be a football game on the same day as the carnival. Those who are participating in the Fall Carnival can attend the football game and the carnival throughout the night. For more information, please contact Ms. Wilhelm: Lwilhelm@suhsd.net







DANCE TEAM NEWS!

The U-Prep Dance Team had a great experience at the Sacramento State Spirit Day. The girls spent the day at Sacramento State with dance teams and cheer teams from around the north state, learning choreography for a halftime dance and sideline routines. They performed during the 1st quarter and at halftime for the Sacramento State vs Montana State Football Game. Our team shined out on the football field and had a blast. The girls got a small glimpse of what a college dance team experiences.



junior High Cross Country

The junior high cross country team had a wonderful season! Meets were held at Kids Kingdom, Shasta Lake School, Lema Ranch and twice at Simpson University. All Panther runners improved his/her times dramatically and all had personal bests in the season. In a league with over 600 runners, the 6th grade girls were 2nd in league. The 6th grade boys took 1st and the league champion was our very own Isaac L. for 6th grade boys. The 7th/8th grade boys were 1st in league with very strong showings all season. The 7th/8th grade girls were league champions andGrace G. was honored as league champion. 8th grade girls of Serena T., Hannah C., Kylie H. and Grace G. have run since 6th grade and have been team league champions each year. Congratulations to the Junior High Panther Cross Country team on a record setting season!



First Quarter of 2016 Perfect Attendance Awards

U-Prep had 201 eligible students that qualified for Perfect Attendance for the 1st quarter. The names of all eligible students were divided by grade and entered into a drawing for the 1st Quarter Perfect Attendance prizes. For each grade level, one boy and one girl with perfect attendance were chosen at random for a prize. The following are the grade level winners:

6th Grade: Ian H., Natalya T.

7th Grade: Samuel S., Regan G.

8th Grade: Brendan N., Hannah C.

9th Grade: Kalani C., Lauren M.

10th Grade: Ryan P., Emmanuelle H.

11th Grade: Adam N., Jessica A.

12th Grade: Dartanian M., Emma Y.

Congratulations to all our perfect attendance

students and grade level winners!

U-Prep Junior High Athletics



www. uprepathletics.net



Girls Basketball

6th Grade Coach: Matt Williams 7th Grade Coach: Brian Nichols 8th Grade Coach: Joe Maikranz

11/7/16 4:00/5:00/6:00 Shasta Lake @ UPrep 11/9/16 Redding Christian 4:00/5:00/6:00 11/11-12/16 **Anderson Tourney** 11/14/16 4:00/5:00/6:00 Sequoia 11/16/16 Grant @ UPrep 4:00/5:00/6:00 11/28/16 **Parsons** 4:00/5:00/6:00 11/30/16 Boulder Creek @ UPrep 4:00/5:00/6:00

Volleyball

6th Grade Coach: Steven Schuster

"B" Coach: Mike Dean "A" Coach: Sarah Kendall

The Panther Volleyball Program is sitting at the top of the heap as the North Valley Athletic Conference league champions for both 7th and 8th teams. Our "B" team finished undefeated in league and 18-1 overall. The "A" team also finished perfect in league and with an 18-2 record overall. Our 6th grade team, while competing in the Nor Cal Athletic League, amassed a winning record while competing against teams made up of mostly 7th graders. All coaches were extremely happy with their teams and are anxious to see what happens next year.

ROCHELLE ANGLEY JH ATHLETIC ADMINISTRATOR

MONICA CABRAL HS ATHLETIC ADMINISTRATOR

CORY REAGAN ATHLETIC DIRECTOR

SARAH KENDALL ATHLETIC SECRETARY

Flag Football Coach Bobby Shufelberger

Our junior high flag football team had their best season to date with a record of 8-3. Big wins over area powerhouses propelled the Panthers into playoffs as a four seed where they faced the top team in the league and lost a heart breaker in overtime 12-6. Coach Shufelberger is looking forward to the 2017 season with eager anticipation. "We only lose two 8th graders this year so next year we should be even better and look to go even further in playoffs," Shufelberger said.

Cross Country Coach Jaspal Gaddy

The U-Prep Cross Country team has continued its dominance over area schools once again. At the season-ending finals our Panthers almost swept each division with a first place finish for the 6th grade boys and both the 7/8 grade boys and girls. Our 6th grade girls fought hard and finished in a respectable 2nd place. With the large amount of success in the younger grades, U-Prep's cross country program promises to continue on the path to success.

Soccer

"A" Coach: Brian Nichols
"B" Coach: Rich Bourne

The Junior High Panther Soccer Programs both have had a year for the ages as well. Our "A" team finished with an undefeated league title and with only one loss and one tie. The "B" team finished undefeated in league and had only one pre-season loss on the season. Both teams finished first in the U-Prep Soccer Tourney in their respective divisions.

Boys Basketball tryouts are coming soon!! Listen to the daily bulletin and watch for announcements around school for more information!

U-PREP HIGH SCHOOL ATHLETICS

The fall season has been another successful one for the **Panthers!** Our high school and junior high programs have really made an impression in our first year in the **NAL** and **NVAC**. Multiple league titles and several undefeated league schedules have made September and October months to remember.

The **U-Prep Swim team** capitalized on a strong effort from their varsity boys' team to capture a first place finish while the varsity girls and JV boys finished in a respectable second place in the NAL. JV girls rounded out the day with a third place finish. Awesome job swimmers and good luck at sections!

The **Lady Panther Tennis team** has the top NAL tennis player in **Eilis W**. who captured first place in individual finals and finished second in doubles with partner **May D**. The boys' cross country team currently sits atop the NAL standings and the girls are not far behind as well.

The **Varsity and JV football** teams have split their league match ups with a convincing win over Etna during homecoming week. The final two league games of the year against Modoc and Fall River will decide their post-season fate.

The stage is set for the winter season right around the corner. **Boys** and girls basketball, soccer and wrestling will be starting before we know it. Check the daily bulletin for details and as always, it is a great day to be a **Panther!!!**

Boys and Girls Soccer

Boys Coach: Brian Nichols Girls Coach: Rich Bourne

Tryouts will be in early November. Listen to the daily bulletin and look for announcements around school.

Dates to remember:

Boys Foothill Tourney Dec. 2-3 @ Redding Soccer Park
Girls Feather River Tourney Dec. 2-3 @ Oroville TBA
Girls Foothill Tourney Dec. 9-10 @ Redding Soccer Park

Girls Basketball

Varsity Coach: Steven Schuster

JV Coach: Joe Fernandez Frosh Coach: Bradd Miller

11/29/16 Red Bluff @ U-Prep 4:00/5:30/7:00 12/6/16 Corning @ UPrep 4:30/6:00/7:30 12/9-10/16 UPrep Tourney @ UPrep TBA

> Girls Golf Coach: Bob Lowden

11/7/16 Nor-Cal Championships @ TBA

ROCHELLE ANGLEY - JUNIOR HIGH ATHLETIC ADMINISTRATOR

MONICA CABRAL - HIGH SCHOOL ATHLETIC ADMINISTRATOR

CORY REAGAN - ATHLETIC DIRECTOR

SARAH KENDALL - ATHLETIC SECRETARY

Football

Varsity Coach: Kyle Anderson
JV Coach: Dave Dean

 11/4/16
 Fall River @ UPrep
 5:30/7:00

 11/11/16
 Round 1 Playoffs
 7:00

 11/18/16
 Semi Final Game
 7:00

Volleyball

Varsity Coach: Tawni Kramer

JV Coach: Keri Price Frosh Coach: Dave Rickey

11/1/16 Round 1 Playoffs TBA
11/8/16 Round 2 Playoffs TBA
11/12/16 NSCIF Finals TBA

Cross Country

Coaches: Kristen Reagan and Karen Bird

11/3/16 NAL Championship @ West Valley TBA
11/10/16 NSCIF Championship @ West Valley TBA
11/26/16 CIF State Champ. @ Woodward Pk TBA

Girls Tennis Coach: Andy Pire

11/1/16 NSCIF Ind. Finals @ Las Plumas TBA
11/3/16 NSCIF Team Finals TBA

Nocii Idaii Ilais

Boys Basketball
Varsity Coach: Mark Stephens
JV Coach: Paul Kaukonen

Frosh Coach: James Williams
Oroville @ Oroville 4:30/6:00/7:30

12/1-3/16 Harlan Carter Tourney TBA

12/6/16 Corning @ Corning 4:30/6:00/7:30

Panther Pride November 2016 Newsletter

11/29/16

more sports news....



Both Boys and Girls Swim Teams won their divisions. At the Masters both boys and girls took 3rd place behind Chico and Shasta.

It was a total upset for West Valley High School when the U-Prep varsity boys won the NAL League Championship meet on Wednesday October 19, 2016. The varsity girls placed second to west valley. The junior varsity girls placed 3rd and the junior varsity boys placed 2nd. This was a great way to start the championship meets. Great job swimmers!





Congratulations to Coach Michelle Johnson! Coach Johnson was selected as the 2016 North Section Swim Coach of the Year!





JUNIOR HIGH VOLLEYBALL SWEEPS HAPPY "VOLLEY" TOURNAMENT

Our Junior High Volleyball A and B teams both played in the Happy "Volley" Tournament over the weekend of October 7-8th and after many, many games, both teams ended up in the final bracket against Cottonwood. In a close and competitive final, championship game, both teams took the win. One of the best parts of the tournament was the support that each team provided the other. The girls worked so hard for these wins and showed such great sportsmanship and professionalism. Great job, junior high volleyball!

more sports news...



Volleyball Players

The Lady Panthers will have four AAU teams this Spring. All players under the age of 18 are encouraged to play. Please contact Coach Kramer at tkramer@suhsd.net if you have any questions.

Why Should I Join Club Panther?

The U-PREP Volleyball Program believes in the whole player. Being part of a team is about more than playing, it is about learning life lessons through playing volleyball. We want to create a space where our team can have fun and excel in a competitive environment. Our players are taught to think and to question, to communicate effectively, to thrive under pressure, and to anticipate plays. Most importantly, our players learn that in order to grow, you must first make mistakes and look silly.

Tryouts for the U12s & U14s team, Sunday, November 6th: 4:0:00-5:30. 16s will tryout from 5:30-7:00.

Go Panthers!!!

From the Captain's Corner

Coming Together Over the Summer

Over the summer, the volleyball program participated in numerous activities to build team culture. One of those activities was the Flamingo Flocking Fundraiser. Doing this fundraiser was a good way to make money for the program, but it was a great way to bond with one another as we sneaked up driveways to put the flamingos in the yard. We may or may not have gotten caught, either way it was such a fun way to get to know one another and prepare for the upcoming season.

We also had several workout evenings where everyone wanting to play volleyball was welcome to come out and get a head start on being fit for season. We worked specifically on exploding vertical motions and other movements that are involved while playing volleyball. This has had a huge impact on our team success and overall dedication.

One last activity that we did over the summer was playing sand volleyball at Big League Dreams. This was one of my most favorite things that I did over the summer! We would get a group of girls together and go out during the evening and play for hours.

Having all of these activities over the summer has made a significant difference on how the team communicates with one another and it has enhanced our skills on the court. As a team we are able to support and cheer each other on and doing so has made us successful over the season. Being a senior I am very grateful to have a team that laughs together and encourages each other to work their hardest.

I will miss playing for U-Prep and being part of such a supportive culture.

Madison T. Team Captain



Congratulations to
Madison on being
selected as the Exchange
Club's October Student of
the Month!



YEARBOOK NEWS

IMPORTANT NEWS!

One Yearbook...3 Payments!

Order your yearbook today for 3 Easy Payments through Jostens! Order online at:

http://jostensyearbooks.com?REF=A01083221.

Under Payment Plan, choose Josten's J-Pay Payment Plan to spread out the cost over 3 months. Plan ahead so your student is guaranteed a yearbook!

8th Grade East Coast Trip

The 8th grade East Coast trip is already being planned for June 2017! All current 8th graders are invited to attend. The dates of the trip are June 4th to the 10th. The trip is split between Washington DC, Philadelphia and New York City. In all three cities early American historical sites and monuments will be visited. It is not unusual to see more than thirty monuments. Every year the trip gets more exciting! You won't want to miss signing up for this trip! The trip is open to current 8th graders, their parents and grandparents. Chaperones are always needed, interested parents are encouraged to sign up. Please email Shannon Bright for more information @ sbright@suhsd.net.







Monica Cabral
Michele O'Leary

Assistant Principal Corner

A By Thank You

We wish to extend great thanks to the

U-Prep Educational Foundation

for their continued support and generosity! If you would like more information about how you can support the Educational Foundation, please visit



www.myuprep.com.



Thank you to Fat Daddy's Gourmet BBQ for helping make the Annual U-Prep Staff & Family



Come on in for some amazing BBQ!

942 Hartnell Ave.

Redding, CA 96002

Monday - Friday 11:00am - 8:00pm

Closed on Saturday for Catering!

Closed on Sunday for Family!

530.221.6270

SENIOR GRAD ADS

- Great way for parents, families and friends to commemorate your student!
- Create your ad and download photos to Jostens.com-no need to scan or send in photos.
- Create your ad online at: www.Jostens.com/yearbookads
- 4 sizes to choose from:

Full Page

1/2 Page

1/4 Page

1/8 Page

• DUE: December 2, 2016



SUPPORT U-PREP

SOBER GRAD 2017

Sober Grad is in full swing. Please help us give our 2017 graduates the gift of a fun, memorable, exciting, and substance-free graduation celebration! You can help by:

• Join the planning committee

Parents of any class are welcome to volunteer. Meetings are the 2nd Wednesday of the month; 6pm, Room 302.

- Support Dine & Donate events
- Purchase a Sober Grad Certificate

Certificates are purchased by local business, families, and friends, to fund a Safe & Sober celebration. Each school raises, and keeps, their own funds to provide an alcohol and substance-free, all night FUN graduation celebration of games, activities, prizes, & entertainment. This fundraiser and SG events have been benefiting seniors in Shasta County and keeping them safe since 1992. U-Prep has participated since it's first graduating class.

The amount of your SG donation is:

- 100% tax deductible
- 100% goes to U-Prep's Graduation celebration
- * 100% appreciated!

TAB (Theater Arts Boosters)

Anchors Aweigh! The U-Prep musical, <u>Anything Goes</u>, is cruising right along. The students and parents are busy preparing for what promises to be a great show.

"Ship" construction is scheduled for **every** Saturday and Sunday from 9:00-3:00pm in the Marr Auditorium beginning October 1st (we meet in the parking lot behind the Marr). If you have time, even a few hours, we would love to have your help in keeping our "ship" afloat. No special skills are required, just a willingness to help would be wonderful. It is a great way to contribute your volunteer hours to U-Prep.

A BIG thank you to everyone for your support of our many musical fundraisers. Ad sales for the musical program are also in full swing. Please see a musical cast member for more information.

To keep up-to-date on all the musical happenings, please LIKE us at U-Prep's Fall Musical on Facebook.

We look forward to seeing you on November 11-12 and 18-19!



PARENT VOLUNTEER POLICY

Dear Parents,



For clarification purposes, school districts, schools, including charters, are not allowed to require "volunteer hours" or payment of a fee in lieu of performing volunteer hours as a condition of admission, enrollment, continued enrollment, sibling preference, attendance, participation in educational activities or receipt of credit or privileges related to educational activities (EC Section 49011c). However, U-Prep still requests – not requires - that parents perform 10 hours per school year as a means to strengthen school-community relations and assist in the development of school programs and services. Thank you for your continued support!

2016-2017 ATHLETIC BOOSTER CLUB MEETINGS

November 7, 2016 December 5, 2016 January 9, 2017 February 6, 2017 March 6, 2017 April 3, 2017 May 1, 2017

ATHLETIC BOOSTERS

2016-2017 ATHLETIC BOOSTERS OFFICERS

President: Lynn Maxwell Vice President: Chrissy Sullivan Secretary: Lisa Bryant Treasurer: Sara Clark







We Promise

You CAN afford it! Guaranteed In-State **Tuition**

Grants & Scholarships Available







Choose From...

A Two Year Four Year College

How You Can Go...

Meet A-G requirements in high school

These Schools Promise YOU a Spot!





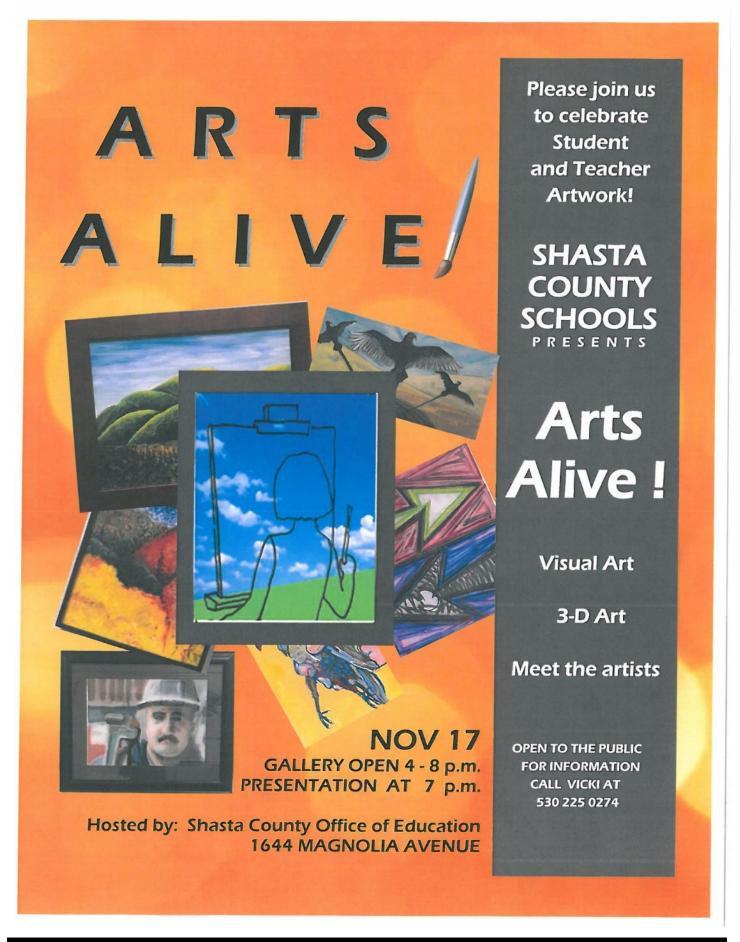
UUNIVERSITY







Talk with a counselor today, or visit www.reachhighershasta.com/shasta-promise



FACTS ABOUT EDUCATION AND CHARTER SCHOOLS

Choosing the Right School for Your Family

Charter schools are a good choice as you consider your child's educational options because they offer a variety of learning environments to meet your family's needs. No two charter schools are alike; some offer thematic or specialized curriculum, others focus on the basics. Some charter schools look like traditional public schools; others offer online classes and may not even have a physical campus. What charters do have in common, though, is that they are places where meaningful parental involvement is encouraged and valued.

When choosing a school for your child, consider your child's educational needs and your family's educational priorities. Identify your child's needs and learning style. Each child has their own set of needs. When choosing the right school, it is important to identify how your child learns best. Is it in small groups, or by participating in project-based learning? Does your child have an interest in the arts, or would he/she benefit from an independent study school?

Research schools by reading school information and participating in a school visit. While on campus, talk to teachers, visit their classes, and make sure you feel like the school is a good fit before making an important decision. When visiting the school be sure to visit classrooms and observe the teachers in action with students. Notice the student-to-teacher ratio, as class size may be an important factor for your child and your decision making.

The majority of charter schools ask parents to be involved in the school community. Inquire about volunteer hours and opportunities at the school.

Ask questions to understand if the school is the best fit for your child. One of the best ways to find out about a school is to ask another parent. They can give you insight about how their child feels about the school, if the teachers are effective, and if they are satisfied with their school choice.

Learn more about charters and find schools in your area at www.calcharters.org

Make your voice heard!
Get involved with Families That Can
www.familiesthatcan.org



All families have the right to high-quality public school choices.

Charters get results for students because they have:

- More flexibility on curriculum, budget and staffing
- Greater ability to make quick and effective changes to meet a student's need
- High level of accountability with review and renewal every 5 years
- Engaged teachers who are empowered to make decisions to benefit students
- Parents encouraged by the school to work as a team with teachers to advance their child's academic progress

IMPORTANT REMINDER FROM THE ATTENDANCE OFFICE:

Students must have a "Permit to Leave" from the Attendance Office before leaving campus. If a student is ill, they are instructed to go to the health office where a call to a parent/guardian will be made. The Health Clerk will notify the attendance office and a permit will be issued. If a student has an appointment, the attendance office asks that the student either bring a note that morning or the parent/guardian place a phone call to the office at least one hour in advance of requested release time. Students may not leave campus without first obtaining a permit to leave. Leaving without a permit may result in a truancy.

2016-2017 U-Prep Private Driver Application Guidelines Applications to provide transportation are now available in the main office or at uprep.net.

If you will be transporting students in the 2016-17 school year, you need to complete the application. Please allow 4-6 weeks for processing. Please return your application to the school office (faxed applications will not be accepted). Applications sent directly to the Transportation office will be returned.

KEEP IN TOUCH

U-Prep provides many communication options for you to stay informed with our latest news and happenings. Subscribe to our daily bulletin (Paw Prints), visit the <u>U-Prep</u>

<u>Website</u> subscribe to Panther Pride, and/or check out the marquee! We periodically send emails, all-calls and mailings. So if you have changed your address, phone number, or email, please make sure to notify our office.



12

University Preparatory School 2016-2017 School Calendar

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31						
						21

1st Quarter Ends:	October 7	38
1st Semester Ends:	December 16	(44)
3rd Quarter Ends:	March 17	(50)
2nd Semster Ends:	May 25	(43)

Shaded = Student Attendance Days (175)

21

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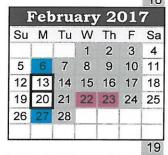
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•	Friday Office Hours:
•	2:45 p.m. release

Minimum Day Schedule: 1:10 p.m. release

May 2017						
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Final Exams		
Minimum Day		
Academic Conferences		

HOLIDAYS/RECESSES	
Labor Day	Sep 5 Nov 11
(by law must be Nov 11 if a weekday) Thanksgiving Break	Nov 21-25
Winter Break	Dec 19-Jan 3 Jan 16
Lincoln Day observed	Feb 13
Washington Day observedSpring Break	. Feb 20 Apr 10-17
Memorial Day	May 29

School Starts: August 16 School Ends: May 25	Graduation: May 26
Staff Work Days	Aug 15 May 26 June 1
Staff Development Days \triangle	Aug 12 Jan 3 April 17
Snow Day Makeup: April 17 (If snow day makeup is used, then June	e 2nd will be a work day)

Board Approved 3-2-16

Easter - April 16